

# 2026 Bi-Weekly Business Recycling Schedule



Recycling is collected bi-weekly (every two weeks).



Recycling is picked up on Wednesdays if there is a stat holiday (shaded in grey) during a collection week.



If the City is your service provider, garbage and green waste are still collected weekly.



Curb your carts between 5:30– 7:30am on your collection day.



No plastic bags, film, overwrap, or flexible packaging is allowed in your recycling cart. Take these items back to a depot.



Leave at least one arm's length of space on all sides of carts, and 3.5m (11.5ft) of clearance above carts.

January 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## What can go in your recycling cart:

Place loose, clean recycling directly in your cart – items should not be placed in bags or nested inside each other.



No batteries or gas canisters

### Plastic containers/packaging



Cartons and jugs



Cold drink cups and lids



K-Cups (put grounds in green waste)



Microwavable bowls and cups



Plastic bottles, tubs, jugs, jars with caps/lids



Plastic clamshells, trays



Plastic disposable hangers



Plastic garden plant pots and seedling trays



Plastic straws, utensils and stir sticks



Tupperware-like food containers



✓ FLATTEN

### Paper packaging and cardboard



Boxboard boxes and cardboard



Hot drink cups, lids, and sleeves



Household paper, cards, paper gift wrap



Moulded boxboard (egg cartons, beverage trays)



Multi-layered paper bags (flour, sugar)



Newspapers, flyers, magazines (**no books**)



Shredded paper (place in cardboard box/paper bag)



Tetra Pak boxes and cartons (soups, sauces)

### Aluminum containers/packaging



Aerosol cans and caps (**must be empty, no paint**)



Aluminum foil (take-out and baking containers)



Metal cans and lids (**no scrap metal**)

## Take this recycling to a depot:

These items require specialized processing to be recycled. **DO NOT** place these items in your recycling cart.



### Small appliances and electronics



Cell phones



Christmas lights & extension cords



Electronic toys



TVs, computers, and electronics



Small appliances/power tools

### Refundable beverage containers



Wine and beer bottles



Pop bottles and cans



Milk, water, and juice containers



Return-It Express & Go drop-off kiosk

### Plastic bags, overwrap, and flexible packaging



Clear or opaque plastic bags



Outer bags and wrap



Plastic shipping envelopes



Pet food and pet litter bags



Zipper lock and stand-up pouches (frozen foods, coffee, cheese, deli, soaps)



Produce bags (salads, bulk foods, frozen foods)



Crinkly wrappers and bags (bars, chips, cookies, cereal, pasta)

▶ Soft plastics and flexible packaging cannot be recycled properly when mixed with other materials.

### Styrofoam packaging



Plastic foam containers



Food trays



Styrofoam packaging



Return-It Depot  
#104 2560 Barnet Hwy, Coquitlam  
2577 Kingsway Ave, Port Coquitlam  
encorp.ca



United Boulevard  
Recycling and Waste Centre  
995 United Blvd, Coquitlam  
metrovanancouver.org • 604.681.5600