

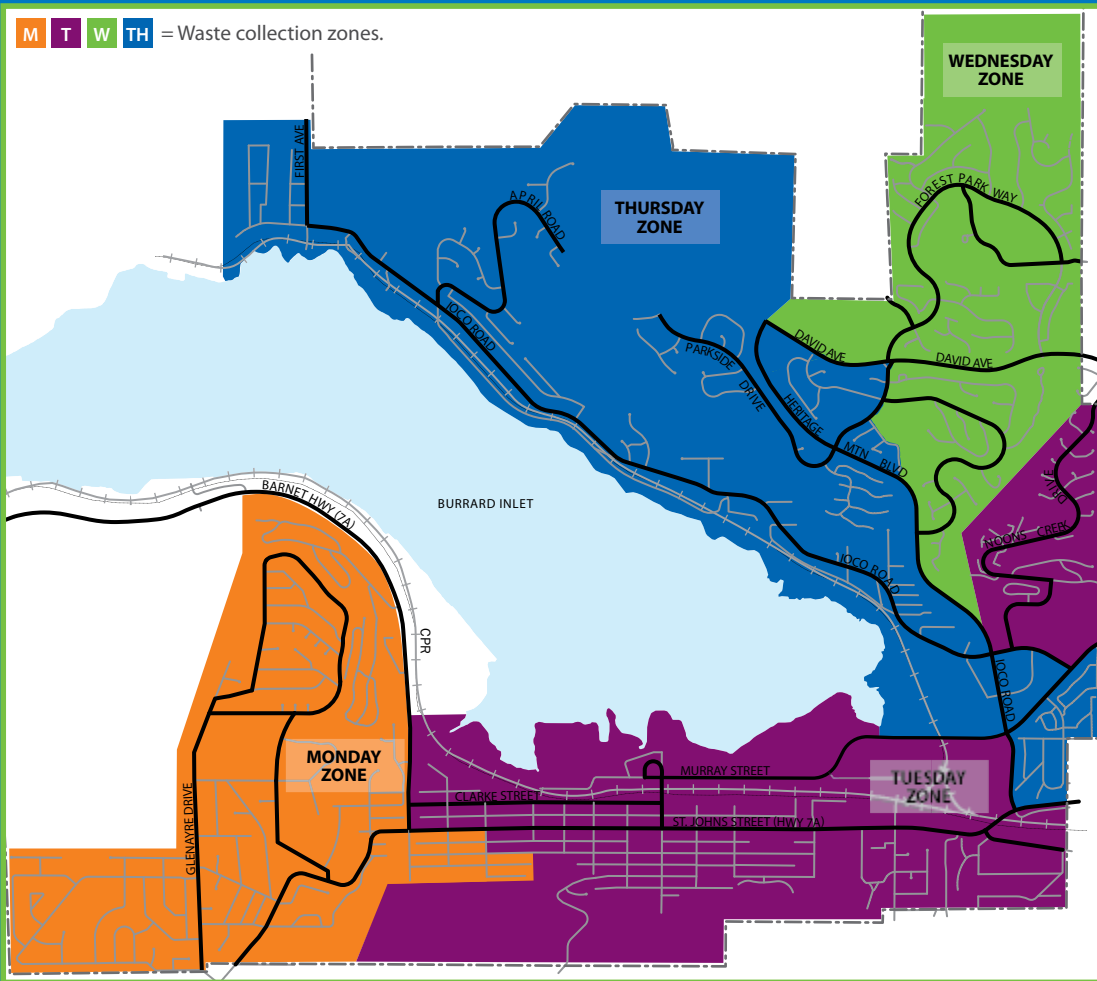


2026 Waste Collection Schedule



i **Important information on green waste, recycling, garbage, and glass collection inside!**

Waste collection zone map



Have a question about our solid waste program? Contact the Operations team:

☎ 604.469.4574 ✉ recycle@portmoody.ca 💻 portmoody.ca/recycle

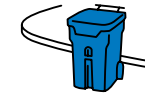


Get personalized weekly reminders and service alerts for Port Moody's waste collection schedule. Search **"PoMobile"** on the Apple or Android app store, or go to portmoody.ca/recycle.

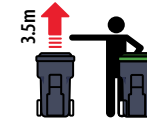
On your waste collection day:



Curb it – set out unlocked carts between 5:30am and 7:30am.



Point it – put wheels against the curb or just off the roadway.



Space it – leave at least one arm's length of space on all sides of carts, and 3.5m (11.5ft) of clearance above carts. Don't place carts against fences, or under trees or balconies.



Unclip it – drivers can't empty locked carts. Clip locks to cart handles on your collection day.



On glass weeks – place your bin so it's the first thing our driver sees when approaching your house, followed by the smallest of your two carts.

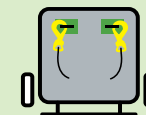
Please remember:



Cart lids must close completely – do not overfill or overstuff.



We only collect waste in carts provided by the City – no extra bags are collected.



Lock clips and secure carts as soon as possible after collection.



Keep bears away by rinsing carts frequently to reduce odours.

About your carts

  <p>No food waste</p>	   <p>No batteries or gas canisters</p>	  <p>No plastic bags</p>	  <p>No broken dishes</p>
<p> Garbage</p>	<p> Recycling</p>	<p> Green Waste</p>	<p>Glass</p>
<ul style="list-style-type: none"> • Collected every other week 	<ul style="list-style-type: none"> • Collected every other week 	<ul style="list-style-type: none"> • Collected weekly 	<ul style="list-style-type: none"> • Collected monthly
<ul style="list-style-type: none"> • Upsize to a 240L cart for an additional charge at portmoody.ca/garbage. 	<ul style="list-style-type: none"> • Place clean recycling directly in your cart – do not bag recycling. 	<ul style="list-style-type: none"> • Wrap food waste in newsprint or paper bags, or put scraps directly in your cart. 	<ul style="list-style-type: none"> • Place non-refundable glass bottles and jars directly in your bin (no bags).
<ul style="list-style-type: none"> • If you upsized, think about going back to a smaller cart to save on money and space. Apply at portmoody.ca/garbage. 	<ul style="list-style-type: none"> • Find a multilingual list of everything that can be recycled at recyclebc.ca. 	<ul style="list-style-type: none"> • Keep bears away by freezing smelly food scraps or storing them in a container with a tight fitting lid until collection day. 	<ul style="list-style-type: none"> • Place your glass bin so it's the first thing our drivers see when approaching your house.
<ul style="list-style-type: none"> • Electronics, drywall, hazardous material, wood, and food waste are banned from your garbage cart by Metro Vancouver Bylaw. 	<ul style="list-style-type: none"> • No plastic bags, film, overwrap, or flexible packaging is allowed in your recycling cart. Take these back to a depot. 	<ul style="list-style-type: none"> • Plastic bags, including those labeled “compostable” or “biodegradable,” are not allowed in your green waste cart. 	<ul style="list-style-type: none"> • Lids, refundable glass, dishes, mirrors, windows, and ceramics are not allowed in your glass cart.

About our waste collection program

- Set out unlocked carts at the curb between **5:30am–7:30am** on your collection day, and re-lock and re-secure carts as soon as possible.
- **Trucks begin collection right at 7:30am.** Pickup times in your neighbourhood may vary from week to week. In the event of operational constraints, **collection may not occur until 8pm.**
- The City's Solid Waste Bylaw requires that you **keep carts clean, locked, and stored securely.**
- **Write your address** on your cart and glass bin - it helps staff assist with issues. If your cart is lost, stolen, or damaged, contact us immediately.
- **Carts and your glass bin are property of the City of Port Moody.** If you move, clean them out and leave them for the next resident to avoid replacement costs.
- If you can't move your carts due to physical challenges, and don't have anyone to help, contact us about our pack-out service.
- The City's Solid Waste Bylaw requires property owners to **properly sort materials** to reduce risk to public health or safety.

 604.469.4574

 recycle@portmoody.ca

Large item collection

Dispose of large items with our pay-per-use system:

-  Contact Waste Connections of Canada Inc. at 604.525.2072.
-  Identify yourself as a Port Moody resident and request a large item pick up.
-  Put your item(s) out on the scheduled pickup date before 7am.
-  Pay Waste Connections of Canada Inc. as directed by their staff at time of booking.

What can go in your recycling cart:

Place loose, clean recycling directly in your cart – items should not be placed in bags or nested inside each other.



No batteries or gas canisters

Plastic containers/packaging

Cartons and jugs	Cold drink cups and lids	K-Cups (put grounds in green waste)	Microwavable bowls and cups	Plastic bottles, tubs, jugs, jars with caps/lids
Plastic clamshells, trays	Plastic disposable hangers	Plastic garden plant pots and seedling trays	Plastic straws, utensils and stir sticks	Tupperware-like food containers

Paper packaging and cardboard



Boxboard boxes and cardboard	Hot drink cups, lids, and sleeves	Household paper, cards, paper gift wrap	Moulded boxboard (egg cartons, beverage trays)
Multi-layered paper bags (flour, sugar)	Newspapers, flyers, magazines (no books)	Shredded paper (place in cardboard box/paper bag)	Tetra Pak boxes and cartons (soups, sauces)

Aluminum containers/packaging

Aerosol cans and caps (must be empty, no paint)	Aluminum foil (take-out and baking containers)	Metal cans and lids (no scrap metal)

Take this recycling to a depot:

These items require specialized processing to be recycled. **DO NOT** place these items in your recycling cart.



Small appliances and electronics

Cell phones	Christmas lights & extension cords	Electronic toys	TVs, computers, and electronics	Small appliances/power tools

Refundable beverage containers

Wine and beer bottles	Pop bottles and cans	Milk, water, and juice containers	Return-It Express & Go drop-off kiosk

Plastic bags, overwrap, and flexible packaging

Clear or opaque plastic bags	Outer bags and wrap	Plastic shipping envelopes	Pet food and pet litter bags
			▶ Soft plastics and flexible packaging cannot be recycled properly when mixed with other materials.
Zipper lock and stand-up pouches (frozen foods, coffee, cheese, deli, soaps)	Produce bags (salads, bulk foods, frozen foods)	Crinkly wrappers and bags (bars, chips, cookies, cereal, pasta)	

Styrofoam packaging

Plastic foam containers	Food trays	Styrofoam packaging

Return-It Depot
#104 2560 Barnet Hwy, Coquitlam
2577 Kingsway Ave, Port Coquitlam
encorp.ca

United Boulevard
Recycling and Waste Centre
995 United Blvd, Coquitlam
metrovancover.org • 604.681.5600

What can go in your green waste cart:



Food scraps and food-soiled paper



Butter, sauce, dressing, grease



Coffee grounds, filters, tea bags, tea leaves



Dairy and eggshells



Food scraps and spoiled food



Fruits, vegetables, nuts



Meat, fish, bones



Paper or cardboard take-out boxes, bags, and wooden chop sticks



Paper towels and napkins



Pasta and bread

Yard waste



Branches up to 4" round



Grass clippings, leaves, weeds



House plants (no pots or dirt)



What can go in your glass bin

Place clean glass directly in your bin – no bags needed!



Clear and coloured non-refundable glass (✓ if broken)



No lids – put in recycling



No refundable glass – take back to depot for refund



No glass dishes, mirrors, windows, or ceramics accepted – put in garbage

What can go in your garbage cart:



Personal hygiene waste



Diapers and sanitary waste



Masks, gloves, wipes



Razors, combs, hairbrushes



Used Kleenex, Q-tips, hair/lint



Used floss, tooth brushes, toothpaste tubes

General household waste



Blister packs (gum, pills)



Broken dishes



Furnace air filters



Pet waste and cat litter

Worn/unusable products



Books (hard & soft cover, textbooks, notebooks, heavily worn books)



Home decor



Hoses, tarps



Mops, brooms, dustpans



Non-packaging plastic items



Pens, markers, art supplies



Scrap metal items (pots, spatulas)



Worn and unusable toys and footwear



Be bear smart! Lock clips and secure carts as soon as possible after collection.

Dispose of items outside of the City's program at United Boulevard Recycling and Waste Centre

995 United Blvd, Coquitlam • metrovancouver.org • 604.681.5600

Charges apply 



Clean wood



Furniture



Gypsum drywall



Mattresses



Large quantities of garbage



Large quantities of green waste

Free recycling



Batteries



Bicycles



Cooking oil



Electronics



Gasoline



Large quantities of recycling



Light bulbs/light fixtures



Oil filters, used oil, antifreeze



Paint products/solvents



Pesticides



Propane tanks



Refundables



Scrap metal



Small and large appliances, power tools



Smoke/carbon monoxide alarms, thermostats

Where to take clothing, textiles, shoes, and books

Check the Recycling Council of BC's Recyclepedia at RCBC.ca for the best locations to donate or dispose of these items:



Clothing



Textiles



Shoes



Books

Do NOT put these items in your recycling cart

metrovanancouver

46 CONCERTS

1 FIRST DATE

2 THRIFTY FINDS

3 GRATEFUL OWNERS

THINK THRICE ABOUT YOUR CLOTHES
Reduce, Repair, Reuse.

Extended producer responsibility is an approach to recycling that requires manufacturers, distributors, and retailers to take responsibility for the life cycle of the products they sell, including recycling the packaging and products they collect.

Use these disposal resources for items outside of the City's program:



Lightbulbs, smoke alarms
productcare.org
604.592.2972



Medications
healthsteward.ca
1.844.535.8889



Oil + filters and containers
interchangerecycling.com
778.817.0721



Tires, bike tires
tsbc.ca
1.866.759.0488

Not sure where to dispose of something? Start here:

- Download **PoMobile** – the City's Solid Waste App – and check "What Goes Where."
- Go to recycling.metrovancouver.org to find out where to recycle or donate thousands of materials.
- Find a multilingual list of what can be recycled at recyclebc.ca.
- Call the Operations Division at **604.469.4574** or email recycle@portmoody.ca.

Be bear smart – secure your carts

Food odours attract bears. And once they've been rewarded with food, liquids, or garbage, bears will keep coming back. Locking and storing carts in a secure location on non-collection days is a key step in preventing bears from becoming habituated to receiving food rewards from waste carts.

The City's waste carts are bear resistant, not bear proof. Once a cart is knocked over, bears may use their full body weight to press down on the side of the cart, to pop open the locked lid. Securing your carts substantially impacts a bear's ability to access your waste.

What is a secure location?

		
<p>1. A garage</p>	<p>2. A wildlife resistant waste enclosure</p>	<p>3. If you do not have a garage or waste enclosure, secure carts to the side of a building or a wall using heavy duty straps to avoid bears knocking over and accessing carts.</p>
		

Manage your wildlife attractants

Managing wildlife attractants properly is how we keep people and bears safe.

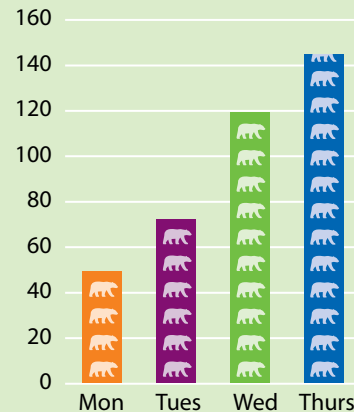
Leaving carts unlocked on non-collection days and setting carts out too

early are bylaw violations. If you don't manage your garbage and other wildlife attractants properly, you could be **fined up to \$1,000** by the City. Report all wildlife conflicts to the BC Conservation Officers Service (COS) at 1-877-952-7277. By reporting early, COS can proactively reduce conflicts through education and enforcement.

Some collection zones have higher levels of bear activity

If you live in the Wednesday or Thursday collection zones, you're in an area with higher bear activity due to nearby natural parkland and greenspaces. To keep people and bears safe, please ensure you do your part by locking and storing your carts in a secure location on non-collection days.

of bear damaged carts by collection zone (Jan–Sept 2025)



Don't fuel the danger Keep these items out of your recycling cart ▶



Batteries



Gas canisters



Chemicals



Paint



✓ **Rinse your containers**

✓ **Flatten your cardboard**

✓ **Take flexible plastics to the depot**

recyclebc.ca • portmoody.ca/recycle

2026 residential waste collection schedule



Waste collection zones.
See map find your zone.

January 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2026						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Please remember to:

Curb it – set out unlocked carts between 5:30am and 7:30am on your collection day.

Point it – put wheels against the curb or just off the roadway.

Space it – leave at least one arm's length of space on all sides of carts.

Lock it – lock and secure carts as soon as possible after collection.

Rinse it – rinse your carts with a mild detergent or water and vinegar solution.

Keep these items out of your recycling cart:



Batteries



Gas canisters



Chemicals



Paint



Green waste is collected every week



Recycling and garbage are collected on alternate weeks



Non-refundable glass bottles and jars are collected monthly. Put your glass bin out on the weeks **highlighted in yellow.**

Contact us:

604.469.4574

recycle@portmoody.ca

portmoody.ca/recycle