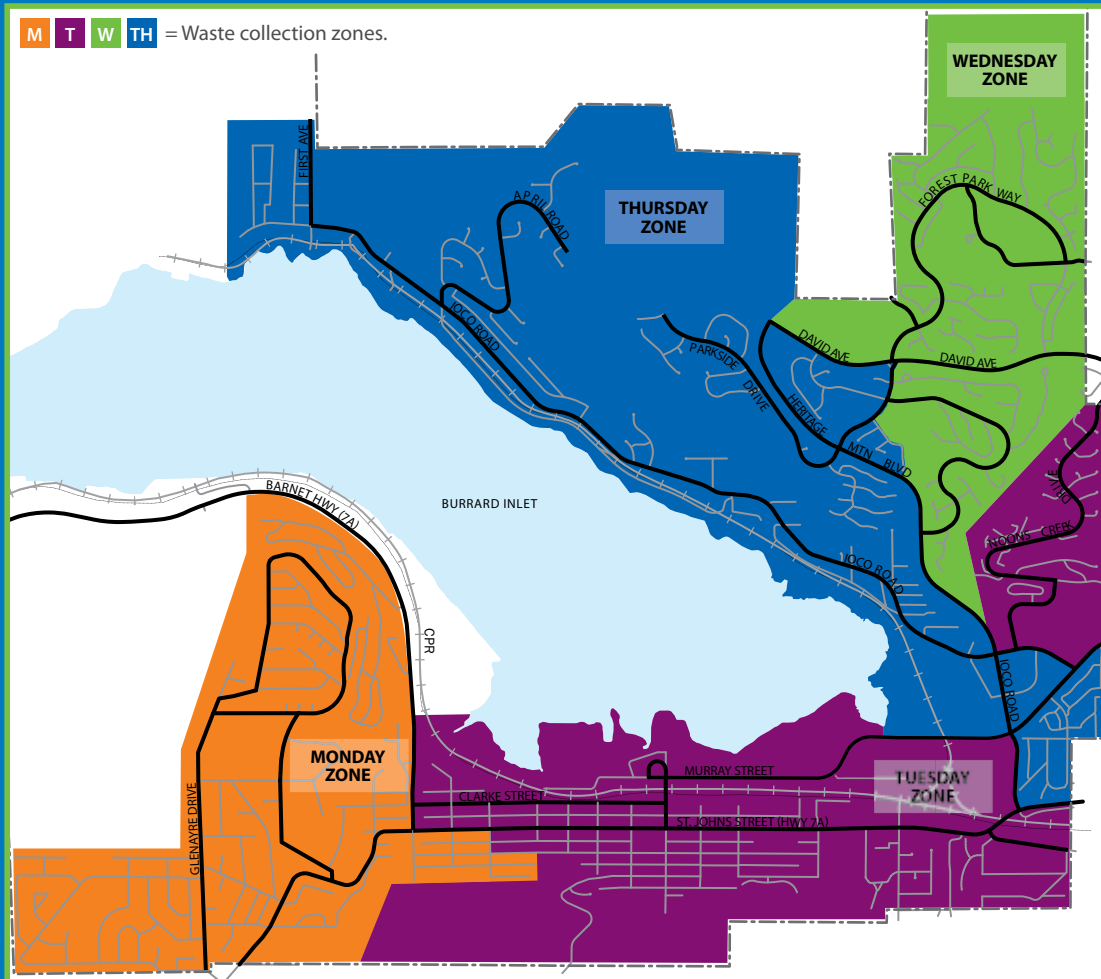




**Important information** on green waste, recycling, garbage, and glass collection inside!



# Waste collection zone map



Have a question about our solid waste program? Contact the Operations team:

📞 604.469.4574    ✉️ [recycle@portmoody.ca](mailto:recycle@portmoody.ca)    💻 [portmoody.ca/recycle](http://portmoody.ca/recycle)



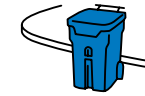
## Sign up for a reminder

Get notified the day before your collection. Search “Pomobile” on the Apple or Android app store, or go to [portmoody.ca/recycle](http://portmoody.ca/recycle).

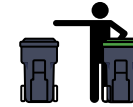
## On your waste collection day:



**Curb it** – set out unlocked carts between 5:30am and 7:30am.



**Point it** – put wheels against the curb or just off the roadway.



**Space it** – leave at least one arm’s length of space between carts.



**Unclip it** – drivers can’t empty locked carts.

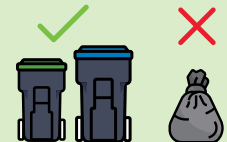


**On glass weeks** – place your bin so it’s the first thing our driver sees when approaching your house, followed by the smallest of your two carts.

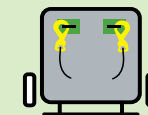
## Please remember:



Cart lids must close completely – do not overfill or overstuff.



We only collect waste in carts provided by the City – no extra bags are collected.









Lock clips and secure carts as soon as possible after collection.



Keep bears away by rinsing carts frequently to reduce odours.

# About your carts

  <p>No food waste</p>	  <p>No plastic bags/styrofoam</p>	  <p>No plastic bags</p>	  <p>No broken dishes</p>
<b>Garbage</b>	<b>Recycling</b>	<b>Green Waste</b>	<b>Glass</b>
• Collected every other week	• Collected every other week	• Collected weekly	• Collected monthly
• Upsize to a 240L cart for an additional charge at <a href="http://portmoody.ca/garbage">portmoody.ca/garbage</a> .	• Place clean recycling directly in your cart – <b>do not bag recycling</b> .	• Wrap food waste in newsprint or paper bags, or put scraps directly in your cart.	• Place non-refundable glass bottles and jars directly in your bin (no bags).
• If you upsized, think about going back to a smaller cart to save on money and space. Apply at <a href="http://portmoody.ca/garbage">portmoody.ca/garbage</a> .	• Find a multilingual list of everything that can be recycled at <a href="http://recyclebc.ca">recyclebc.ca</a> .	• Keep bears away by freezing smelly food scraps or storing them in a container with a tight fitting lid until collection day.	• Place your glass bin so it's the first thing our drivers see when approaching your house.
• Electronics, drywall, hazardous material, wood, and food waste are banned from your garbage cart by Metro Vancouver Bylaw.	• No plastic bags, film, overwrap, or flexible packaging is allowed in your recycling cart. Take these items back to a depot.	• Plastic bags, including those labeled "compostable" or "biodegradable," are not allowed in your green waste cart.	• Lids, refundable glass, dishes, mirrors, windows, and ceramics are not allowed in your glass cart.

## About our waste collection program

- **Set out unlocked carts at the curb between 5:30am–7:30am on your collection day**, and re-lock and re-secure carts as soon as possible, and no later than 8pm. If your cart is not emptied by 8pm, bring it in and contact us.
- The City's Solid Waste Bylaw requires that you **keep carts clean, locked, and stored securely**.
- **Write your address** on your cart and glass bin - it helps staff assist with issues. If your cart is lost, stolen, or damaged, contact us immediately.
- **Carts and your glass bin are property of the City of Port Moody.** If you move, clean them out and leave them for the next resident to avoid replacement costs.
- If you can't move your carts due to physical challenges, and don't have anyone to help, contact us about our pack-out service.
- The City's Solid Waste Bylaw requires property owners to **properly sort materials** to reduce risk to public health or safety.



604.469.4574



[recycle@portmoody.ca](mailto:recycle@portmoody.ca)



## Large item collection

Dispose of large items with our pay-per-use system:



Contact Waste Connections of Canada Inc. at 604.525.2072.



Identify yourself as a Port Moody resident and request a large item pick up.



Put your item(s) out on the scheduled pickup date before 7am.



Pay Waste Connections of Canada Inc. as directed by their staff at time of booking.





## What can go in your recycling cart:

Place loose, clean recycling directly in your cart – items should not be placed in bags or nested inside each other.



### Plastic containers/packaging



Cartons and jugs



Cold drink cups and lids



K-Cups (put grounds in green waste)



Microwavable bowls and cups



Plastic bottles, tubs, jugs, jars with caps/lids



Plastic clamshells, trays



Plastic disposable hangers



Plastic garden plant pots and seedling trays



Plastic straws, utensils and stir sticks



Tupperware-like food containers

### Paper packaging and cardboard



Boxboard boxes and cardboard



Hot drink cups, lids, and sleeves



Household paper, cards, paper gift wrap



Moulded boxboard (egg cartons, beverage trays)



Multi-layered paper bags (flour, sugar)



Newspapers, flyers, magazines (**no books**)



Shredded paper (place in cardboard box/paper bag)



Tetra Pak boxes and cartons (soups, sauces)

### Aluminum containers/packaging



Aerosol cans and caps (**must be empty, no paint**)



Aluminum foil (take-out and baking containers)



Metal cans and lids (**no scrap metal**)



## Take this recycling to a depot:

These items require specialized processing to be recycled. **DO NOT** place these items in your recycling cart.



### Small appliances and electronics



Cell phones



Christmas lights & extension cords



Electronic toys



TVs, computers, and electronics



Small appliances/power tools

### Refundable beverage containers



Wine and beer bottles



Pop bottles and cans



Milk, water, and juice containers



Return-It Express & Go drop-off kiosk

### Plastic bags, overwrap, and flexible packaging



Clear or opaque plastic bags



Outer bags and wrap



Plastic shipping envelopes



Pet food bags



Zipper lock and stand-up pouches (frozen foods, coffee, cheese, deli, soaps)



Produce bags (salads, bulk foods, frozen foods)



Crinkly wrappers and bags (bars, chips, cookies, cereal, pasta)

► Soft plastics and flexible packaging cannot be recycled properly when mixed with other materials.

### Styrofoam packaging



Plastic foam containers



Food trays



Styrofoam packaging



Return-It Depot  
#104 2560 Barnet Hwy, Coquitlam  
2577 Kingsway Ave, Port Coquitlam  
encorp.ca



Coquitlam Recycling & Waste Centre  
995 United Blvd, Coquitlam  
metrovancover.org • 604.681.5600

## What can go in your green waste cart:

Food scraps and food-soiled paper



Butter, sauce, dressing, grease



Coffee grounds, filters, tea bags, tea leaves



Dairy and eggshells



Food scraps and spoiled food



Fruits, vegetables, nuts



Meat, fish, bones



Paper or cardboard take-out boxes, bags, and wooden chop sticks



Paper towels and napkins



Pasta and bread

Yard waste



Branches up to 4" round



Grass clippings, leaves, weeds



House plants  
(no pots or dirt)



## What can go in your glass bin

Place clean glass directly in your bin – no bags needed!



Clear and coloured non-refundable glass (✓ if broken)



No lids – put in recycling



No refundable glass – take back to depot for refund



No glass dishes, mirrors, windows, or ceramics accepted – put in garbage



## What can go in your garbage cart:



Blister packs (gum, pills)



Broken dishes



Diapers and sanitary waste



Furnace air filters



Hoses, tarps



Masks, gloves, and wipes



Non-packaging plastic items



Personal hygiene items (razors, used Kleenex, Q-tips, hair/lint)



Pet waste and cat litter



Scrap metal items (pots, spatulas)



Used floss, tooth brushes, toothpaste tubes



Worn and unusable toys and footwear



Be bear smart! Lock clips and secure carts as soon as possible after collection.

## Dispose of items outside of the City's program at Coquitlam Recycling and Waste Centre

995 United Blvd, Coquitlam • [metrovancover.org](http://metrovancover.org) • 604.681.5600

Charges apply 💰



Clean wood



Furniture



Gypsum drywall



Mattresses



Large quantities of garbage



Large quantities of green waste

### Free recycling



Batteries



Bicycles



Cooking oil



Electronics



Gasoline



Large quantities of recycling



Light bulbs/light fixtures



Oil filters, used oil, antifreeze



Paint products/solvents



Pesticides



Propane tanks



Refundables



Scrap metal



Small and large appliances, power tools



Smoke/carbon monoxide alarms, thermostats

## Where to take clothing, textiles, shoes, and books

Check the Recycling Council of BC's Recyclepedia at [RCBC.ca](http://RCBC.ca) for the best locations to donate or dispose of these items:



Clothing



Textiles



Shoes



Books

Do **NOT** put these items in your recycling cart



**Extended producer responsibility** is an approach to recycling that requires manufacturers, distributors, and retailers to take responsibility for the life cycle of the products they sell, including recycling the packaging and products they collect.

Use these disposal resources for items outside of the City's program:



Lightbulbs,  
smoke alarms  
[productcare.org](http://productcare.org)  
604.592.2972



Medications  
[healthsteward.ca](http://healthsteward.ca)  
1.844.535.8889



Oil + filters  
and containers  
[bcusedoil.com](http://bcusedoil.com)  
778.817.0721



Tires, bike tires  
[tsbc.ca](http://tsbc.ca)  
1.866.759.0488

## Not sure where to dispose of something? Start here:

- Download **PoMobile** – the City's Solid Waste App – and check the Waste Wizard.
- Go to [recycling.metrovancover.org](http://recycling.metrovancover.org) to find out where to recycle or donate thousands of materials.
- Find a multilingual list of what can be recycled at [recyclebc.ca](http://recyclebc.ca).
- Call the Operations Division at **604.469.4574** or email [recycle@portmoody.ca](mailto:recycle@portmoody.ca).





## Manage your wildlife attractants

Managing wildlife attractants properly is how we keep people and bears safe.

**Leaving carts unlocked on non-collection days and setting carts out too early are bylaw violations.**

If you don't manage your garbage and other wildlife attractants properly, you could be **fined up to \$1,000** by the City. Report all wildlife conflicts to the BC Conservation Officers Service (COS) at 1.877.952.7277. By reporting early, COS can proactively reduce conflicts through education and enforcement.

**Food odours attract bears. And once they've been rewarded with food, liquids, or garbage, bears will keep coming back.**

- Use your green cart (collected weekly) to dispose of food scraps - food should not be placed in your garbage cart.
- Freeze smelly food scraps until collection day.
- Rinse carts regularly to eliminate odours.
- Rinse all recycling material before placing in your recycling cart to reduce odours.
- If you have a backyard compost, maintain an odourless pile, turn regularly, and keep covered.
- Secure your food and freezers, as well as garbage, green waste, and recycling carts, inside a secure garage or bear-resistant enclosure.
- Ensure that carts remain securely closed with bear clips locked.
- Ensure that carts are only placed at your pick-up spot between 5:30am and 7:30am on your pick-up day.



**Don't fuel the danger**  
**Keep these items**  
**out of your**  
**recycling cart ►**



**Batteries**



**Gas canisters**



**Chemicals**



**Paint**



**Port**  
**Moody**  
**recycles**  
**right!**

✓ **Rinse your containers**

✓ **Flatten your cardboard**


✓ **Take flexible plastics to the depot**


[recyclebc.ca](https://recyclebc.ca) • [portmoody.ca/recycle](https://portmoody.ca/recycle)


# 2025 residential waste collection schedule


**M T W TH** Waste collection zones.  
See map find your zone.


Please remember to:

 **Curb it** – set out unlocked carts between 5:30am and 7:30am on your collection day.

 **Point it** – put wheels against the curb or just off the roadway.

 **Space it** – leave at least one arm's length of space between carts.

 **Lock it** – lock and secure carts as soon as possible after collection.

 **Rinse it** – rinse your carts with a mild detergent or water and vinegar solution.




**No plastic bags in green waste, recycling, or glass bins.**




Get notified the day before your collection. Search "Pomobile" on the Apple or Android app store.

Contact us:

 604.469.4574

 recycle@portmoody.ca

 portmoody.ca/recycle

January 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2025						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

We collect carts on Boxing Day!

 **Green waste is collected every week**  **Recycling and garbage are collected on alternate weeks**

 **Non-refundable glass bottles and jars are collected monthly. Put your glass bin out on the weeks highlighted in yellow.**